



# PHYSICAL PERFORMANCE MANAGER FOR HIGH PERFORMANCE CENTRE

Sri Lanka Cricket is recruiting a full-time Strength & Conditioning (S&C) Coach to take up the role as Physical Performance Manager. This senior position within Sri Lanka Crickets' Sports Science and Medicine Department will be based at the High Performance Centre, R. Premadasa Stadium, Colombo.

# Reporting to:

· Head of High Performance Centre

## **Main Roles and Responsibilities**

- Design and implement the season training program for all contracted players aligned to SLC central contracts and NSL performance contracts
- · Oversee the compliance of sport science and S&C services for SLC central contracted players
- Develop athletic qualities and physical performance of individual players to optimally prepare them for the demands of the modern game across multiple formats within high pressure environments
- Support the Sports Science & Medicine Department in improving athlete robustness through injury prevention and workload management strategies
- Support the Sports Science & Medicine Manager to further develop the department's working identity, determined by the department's key performance pillars, principles and philosophies
- Drive the development and delivery of education programs for players and staff across Sri Lanka Cricket's national talent pathway
- Manage a team of training/S&C staff and ensure objectives are met and effective delivery is evident, by achieving departmental KPI's as set by the Sports Science & Medicine Manage

## The Successful Candidate Should Demonstrate

- Experience within high performing team environment providing and managing S&C services to professional athletes
- · Ability to identify strategic areas of focus regarding S&C for cricket performance
- · Strong understanding of the principles of rehabilitation, reconditioning and exercise modification
- · Ability to critically analyse subjective information and objective data to make informed decisions
- · Effective communication skills, with the ability to promote idea sharing and collaboration

#### **Essential Requirements**

- BSc in Sports Science, S&C or an appropriate equivalent post-graduate degree
- S&C accreditation with an established national governing body {e.g UKSCA / ASCA (minimum Level 3)}
- Evidence of ongoing professional development
- · Significant experience of working with high performance athletes
- Excellent practical knowledge of IT, specifically Excel and Power Point
- · Experienced in the use of online information sharing systems
- $\boldsymbol{\cdot}$  Proficient with multiple forms of physical testing and monitoring, including GPS
- · First Aid qualification

#### **Desirable Requirements**

- · MSc in Sports Science, S&C or an appropriate equivalent post-graduate qualification
- · ISAK Level 1
- · Experience of working in professional cricket
- · Exposure and understanding of current research and theories of cricket specific sports science and medicine

An attractive and negotiable remuneration package with other benefits await the right candidate.

All applications should be forwarded to **vacancies@srilankacricket.lk** along with the names of two non-related referees within 7 days from the date of this advertisement.

\*Please mention the post applied for on the subject line of the email

\*Please ensure all employment criteria is met prior to applying